

Council of Laodicea

AD 364

Synod of Laodicea (4th Century)

Canon 29

Christians must not judaize by resting on the Sabbath, but must work on that day, rather honouring the Lord's Day; and, if they can, resting then as Christians. But if any shall be found to be judaizers, let them be anathema from Christ.



New Advent. www.newadvent.org/fathers/3806.htm

Council of Laodicea

The major concerns of the council involved regulating the conduct of church members. The council expressed its decrees in the form of written rules or canons. Among the sixty canons decreed, several aimed at:

- Regulating approach to heretics (canons 6–10, 31–34, 37), Jews (canons 16, 37–38) and pagans (canon 39)
- Outlawing the keeping of the Sabbath (Saturday), and encouraging rest on Sunday (canon 29)

Wikipedia. en.wikipedia.org/wiki/Council_of_Laodicea