

## **Environment Sunday**

211. Yet this education, aimed at creating an “ecological citizenship”, is at times limited to providing information, and fails to instil good habits. The existence of laws and regulations is insufficient in the long run to curb bad conduct, even when effective means of enforcement are present. If the laws are to bring about significant, long-lasting effects, the majority of the members of society must be adequately motivated to accept them, and personally transformed to respond. Only by cultivating sound virtues will people be able to make a selfless ecological commitment...



237. On Sunday, our participation in the Eucharist has special importance....Rest opens our eyes to the larger picture and gives us renewed sensitivity to the rights of others. And so the day of rest, centred on the Eucharist, sheds it light on the whole week, and motivates us to greater concern for nature and the poor.

ENCYCLICAL LETTER LAUDATO SI' OF THE HOLY FATHER FRANCIS ON CARE FOR OUR COMMON HOME

[https://www.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco\\_20150524\\_enciclica-laudato-si.htm](https://www.vatican.va/content/francesco/en/encyclicals/documents/papa-francesco_20150524_enciclica-laudato-si.htm)

### **Car-free Sundays? IEA sets out 10-point plan to reduce global oil demand**

Driving more slowly, turning down the air-conditioning, car free Sundays and working from home should be adopted as emergency measures to reduce the global demand for oil, according to a 10-point plan from the International Energy Agency (IEA)...

<https://www.theguardian.com/business/2022/mar/18/car-free-sundays-iea-sets-out-10-point-plan-to-reduce-global-oil-demand>

### **European Sunday Alliance: The case for a work-free Sunday**

The right to disconnect is particularly crucial during the weekly period of rest of workers, on the weekend and on Sunday. In addition to be essential for their mental and physical health, it enables them to engage in volunteer, cultural, sport or faith related activities and thus to create social ties. This day of rest needs to be synchronized, as it is a time of social gathering, for families and citizens to spend time together. Overall, the Sunday rest not only benefits the workers' well-being and the social cohesion within communities, but also supports the global competitiveness of European businesses.

This is why the European Sunday Alliance advocates for the establishment of a European weekly common day of rest for workers, by tradition on Sunday, as enshrined in Art. 2 of the European Social Charter.

The European Sunday Alliance. <https://europeansundayalliance.eu/manifesto/>

### **European Sunday Alliance: Members**

The European Sunday Alliance is a network of more than 100 national Sunday Alliances, trade unions, civil society organizations and religious communities committed to raise awareness of the unique value of synchronised free time for our European societies.

The European Sunday Alliance is coordinated by a Steering Committee comprising the following organisations: ....

Federation of Catholic Family Associations in Europe....Jesuit European Social Centre....

The European Sunday Alliance. <https://europeansundayalliance.eu/members/>